

Coon Rapids High School

Hy-Tek's MEET MANAGER

2003 NWSC Track & Field Championship

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Andover High School - Monday 05/19/03 to Tuesday 05/20/03

COMPLETE RESULTS - FINALS

WOMEN'S TEAM SCORES: 1. Anoka, 164; 2. Blaine, 125; 3. Coon Rapids, 86; 4. Elk River, 75.50; 5. Maple Grove, 73; 6. Osseo, 61.50; 7. Champlin Park, 59; 8. Park Center, 39; 9. Andover, 14.

MEN'S TEAM SCORES: 1. Anoka, 158; 2. Blaine, 126; 3. Elk River, 82; 4. Osseo, 79; 5. Coon Rapids, 72; 6. Maple Grove, 62; 7. Champlin Park, 44; 8. Andover, 36; 8. Park Center, 36.

Girls 100 Meter Dash

* Conference: 12.34 Amber Affeldt (Coon Rapids) 1995

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Becca Price	Park Center	12.85	10
2	Laura Mottaz	Maple Grove	13.05	8
3	Haley Balcom	Elk River	13.12	6
4	Sheri Netland	Coon Rapids	13.32	5
5	Kimberly Saufl	Champlin Park	13.49	4
6	Nkechi Alaike	Blaine	13.50	3
7	Nicole Campion	Andover	13.79	2
8	Moriko Cohen	Champlin Park	13.85	1

Girls 200 Meter Dash

* Conference: 25.45 Sarah Mismash (Elk River) 1997

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Laura Mottaz	Maple Grove	25.87	10
2	Sheri Netland	Coon Rapids	26.46	8
3	Becca Price	Park Center	26.50	6
4	Emily Schlough	Anoka	26.81	5
5	Nkechi Alaike	Blaine	27.00	4
6	Gretchen Stangl	Anoka	27.86	3
7	Emily Gerster	Anoka	28.04	2
-	Molly Hoskins	Champlin Park	SCR	

Girls 400 Meter Dash

* Conference: 58.21 Amber Affeldt (Coon Rapids) 1994

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Laura Mottaz	Maple Grove	56.85	10
2	Adi Luedtke	Anoka	59.	8
3	Monique Weber	Elk River	1:00.2	6

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COMPLETE RESULTS - FINALS

Girls 400 Meter Dash (Continued)

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
4	Gretchen Olson	Coon Rapids	1:00.39	5
5	Briana Duff	Anoka	1:01.49	4
6	Gretchen Stangl	Anoka	1:01.56	3
7	Kellie Mooney	Blaine	1:02.46	2
8	Nikki Zachman	Blaine	1:02.56	1

Girls 800 Meter Run

* Conference: 2:18.72 Megan Manthe (Anoka) 2000

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Alissa Kurke	Anoka	2:18.50 *	10
2	Alyssa Wendt	Anoka	2:19.53	8
3	Katie Anderson	Blaine	2:22.00	6
4	Katie Holschbach	Blaine	2:25.51	5
5	Brianna McGill	Osseo	2:29.74	4
6	Heather Olheiser	Blaine	2:29.88	3
7	Melissa Anderson	Champlin Park	2:30.95	2
8	Leah Swenson	Maple Grove	2:31.18	1
9	Briana Duff	Anoka	2:33.28	
10	Caroline Magnuson	Champlin Park	2:33.45	
	- Jennifer Ranallo	Elk River	SCR	
	- Renee Houser	Elk River	SCR	

Girls 1,600 Meter Run

* Conference: 5:19.30 Heather Anderson (Osseo) 1994

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Heidi Lindeman	Coon Rapids	4:59.60 *	2	10
2	Lisa Waananen	Maple Grove	5:02.71 *	2	8
3	Katie Anderson	Blaine	5:10.78 *	2	6
4	Katie Holschbach	Blaine	5:26.70	2	5
5	Kaitlin Lindsey	Champlin Park	5:29.80	2	4
6	Rachel Riesgraf	Maple Grove	5:35.77	2	3
7	Karin Jackson	Osseo	5:41.85	2	2
8	Kate Reins	Osseo	5:42.78	2	1
9	Megan Murlowski	Maple Grove	5:46.48	2	
10	Kate Wold	Maple Grove	5:51.12	2	
11	Sara Spaulding	Anoka	5:51.66	2	
12	Amanda Simon	Park Center	5:53.82	2	

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Girls 1,600 Meter Run (Continued)

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	HT	PTS
13	Sarah Nelson	Champlin Park	5:54.48	1	
14	Brittney Olson	Osseo	5:56.73	2	
15	Libbie Sanders	Coon Rapids	5:58.68	1	
16	Alison Kosir	Blaine	6:02.05	1	
17	Nicole Dornfeld	Osseo	6:05.04	2	
18	Kerry Soltis	Elk River	6:11.83	1	
19	Carla Steinbring	Champlin Park	6:11.96	1	
20	Emily MacClean	Anoka	6:12.86	1	
21	Danielle Seaman	Blaine	6:17.93	1	
22	Emily Anderson	Anoka	6:23.61	1	
23	Sam Kantorowicz	Coon Rapids	6:24.31	1	
24	Katrina Volker	Andover	6:29.48	1	
25	Katelynn Spurgin	Andover	6:32.05	1	
26	Alison Blilie	Coon Rapids	6:32.38	1	
27	Maria Nguyencong	Park Center	7:04.51	1	
-	Kristi Dahlheimer	Anoka	SCR	2	
-	Jessica Vogel	Andover	SCR	1	
-	Erica Lund	Andover	SCR	2	
-	Caitlin Polgreen	Elk River	SCR		
-	Katie Ranallo	Elk River	SCR		
-	Kayla Biwer	Champlin Park	SCR		
-	Mary Kallemeyn	Elk River	SCR		

Girls 3,200 Meter Run

* Conference: 10:37.16 Heidi Lindeman (Coon Rapids) 2003

Round 2

05/21/2001 at 6:50 PM

Finals - Results - Monday 05/19/03

PLACE	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Heidi Lindeman	Coon Rapids	10:37.16 *	2	10
2	Lisa Waananen	Maple Grove	10:37.83	2	8
3	Sara Frederickson	Elk River	11:16.00	2	6
4	Kaitlin Lindsey	Champlin Park	12:00.20	2	5
5	Kate Reins	Osseo	12:20.19	2	4
6	Sara Spaulding	Anoka	12:25.37	2	3
7	Susie Hallquist	Coon Rapids	12:39.15	2	2
8	Kate Wold	Maple Grove	12:42.62	2	1
9	Libbie Sanders	Coon Rapids	12:48.39	1	
10	Mary Palmer	Anoka	13:03.34	1	
11	Amanda Simon	Park Center	13:07.17	2	
12	Susy Matlon	Anoka	13:18.59	1	
13	Lindsey Hagen	Anoka	13:26.06	1	

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Girls 3,200 Meter Run (Continued)

Finals - Results - Monday 05/19/03

PLACE	ATHLETE NAME	SCHOOL	TIME	HT	PTS
14	Ashley Stoffers	Elk River	13:27.63		1
15	Danielle Seaman	Blaine	13:30.67		1
16	Alee Reinholdson	Blaine	13:35.20		1
17	Katrina Volker	Andover	13:59.09		1
18	Carla Steinbring	Champlin Park	14:04.33		1
19	Sam Kantorowicz	Coon Rapids	14:04.67		1
20	Dana Ostrander	Andover	14:20.36		1
21	Jessica Domiano	Champlin Park	14:30.66		1
22	Lisa Weideman	Andover	14:43.30		1
23	Steph Perez	Andover	15:23.08		1
24	Laura Murphy	Blaine	15:23.78		1
	- Meghann Coyle	Maple Grove	SCR		2
	- Rachel Riesgraf	Maple Grove	SCR		2
	- Mary Kallemeyn	Elk River	SCR		2
	- Angie Gray	Blaine	SCR		1
	- Britta Lofgren	Elk River	SCR		1

Girls 100 Meter High Hurdles

* Conference: 14.99 Jen Albers (Coon Rapids) 2000

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Rachelle Dosch	Anoka	15.49	10
2	Jenny Ojiaku	Park Center	15.75	8
3	Alyssa Ochs	Osseo	16.53	6
4	Andrea Hansen	Anoka	16.79	5
5	Julie Nuelk	Elk River	17.06	4
6	Katie Lien	Blaine	17.19	3
7	Megan Sullivan	Coon Rapids	17.33	2
8	Nancy Warfield	Elk River	17.46	1

Girls 300 Meter Low Hurdles

* Conference: 45.13 Katie Bestul (Coon Rapids) 1996

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Rebekah Kok	Anoka	45.65	10
2	Katie Lien	Blaine	46.09	8
3	Jenny Ojiaku	Park Center	46.39	6
4	Alyssa Ochs	Osseo	48.92	5
5	Brooke Zachman	Elk River	50.23	4

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Girls 300 Meter Low Hurdles (Continued)

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
6	Ashley Dillion	Andover	50.39	3
7	Jessica Ranallo	Elk River	50.43	2
8	Kari Nelson	Maple Grove	50.49	1

Girls 4x100 Meter Relay

* Conference: 50.62 Champlin Park 1995

Finals - Results - Tuesday 05/20/03

PLACE	RELAY	AFFILIATION	TIME	HT	PTS
1	A	Anoka	50.54 *	2	10
2	ER	Elk River	50.55 *	2	8
3	CP	Champlin Park	51.81	2	6
4	B	Blaine	52.11	2	5
5	CR	Coon Rapids	53.21	2	4
6	MG	Maple Grove	53.83	1	3
7	AND	Andover	54.33	1	2
8	O	Osseo	55.32	1	
-	PC	Park Center	DQ	2	

Girls 4x200 Meter Relay

* Conference: 1:44.11 Coon Rapids 1994

Finals - Results - Tuesday 05/20/03

PLACE	RELAY	AFFILIATION	TIME	HT	PTS
1	A	Anoka	1:47.44	2	10
2	B	Blaine	1:47.70	2	8
3	ER	Elk River	1:49.11	2	6
4	CR	Coon Rapids	1:50.64	2	5
5	CP	Champlin Park	1:52.30	2	4
6	AND	Andover	1:55.33	1	3
7	O	Osseo	1:55.93	1	2
8	MG	Maple Grove	1:57.00	1	
-	PC	Park Center	SCR	1	

COMPLETE RESULTS - FINALS

Girls 4x400 Meter Relay

* Conference: 4:03.17 Elk River 1996

Finals - Results - Tuesday 05/20/03

PLACE	RELAY	AFFILIATION	TIME	HT	PTS
1	A	Anoka	4:00.13 *	2	10
2	CR	Coon Rapids	4:05.93	2	8
3	B	Blaine	4:09.64	2	6
4	ER	Elk River	4:17.80	2	5
5	O	Osseo	4:21.29	1	4
6	MG	Maple Grove	4:23.30	1	3
7	CP	Champlin Park	4:23.34	1	2
8	AND	Andover	4:25.51	2	
9	PC	Park Center	4:28.29	1	

Girls 4x800 Meter Relay

* Conference: 9:58.08 Coon Rapids 1997

Finals - Results - Tuesday 05/20/03

PLACE	RELAY	AFFILIATION	TIME	PTS
1	A	Anoka	9:42.09 *	10
2	ER	Elk River	9:58.91	8
3	B	Blaine	10:21.90	6
4	CP	Champlin Park	10:27.34	5
5	MG	Maple Grove	10:50.23	4
6	CR	Coon Rapids	10:50.63	3
7	AND	Andover	11:54.99	2
8	O	Osseo	12:05.03	

Girls High Jump

* Conference: 5'08.00" Gina Curtis (Park Center) 1996

Finals - Results - Monday 05/19/03

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Andrea Hansen	Anoka	5'04.00"	10
2	Sheri Netland	Coon Rapids	5'02.00"	8
3	Jamie Mulvaney	Elk River	5'02.00"	5.5
3	Holly Price	Osseo	5'02.00"	5.5
5	Jennifer Jung	Coon Rapids	5'00.00"	4
6	Carrie Hinners	Maple Grove	5'00.00"	3
7	Heather Murphy	Elk River	4'08.00"	1
7	Brittany Simmons	Park Center	4'08.00"	1
7	Mari Kortton	Andover	4'08.00"	1
10	Ashland Sather	Maple Grove	4'08.00"	

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COMPLETE RESULTS - FINALS

Girls High Jump (Continued)

Finals - Results - Monday 05/19/03

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
11	Jessica Ranallo	Elk River	4'08.00"	
12	Bekka DeLeon	Coon Rapids	4'06.00"	
12	Jolene Dale	Anoka	4'06.00"	
12	Alyssa Wendt	Anoka	4'06.00"	
12	Chinaelo Okafor	Champlin Park	4'06.00"	
12	Kayla Ricksham	Anoka	4'06.00"	
12	Angie Busch	Maple Grove	4'06.00"	
18	Amber Statz	Blaine	4'04.00"	
18	Paige Kemke	Maple Grove	4'04.00"	
18	Heather Olheiser	Blaine	4'04.00"	
18	Linda Nguyen	Champlin Park	4'04.00"	
18	Val Livingston	Andover	4'04.00"	
	- Brook Budziak	Andover	NH	
	- Lauren Williams	Andover	NH	
	- Casey Howard	Coon Rapids	NH	
	- Jessie Faucher	Park Center	NH	
	- Andrea Pearson	Champlin Park	SCR	
	- Caroline Magnuson	Champlin Park	SCR	
	- Sarah Long	Osseo	SCR	
	- Sash Gangl	Elk River	SCR	

Girls Pole Vault

* Conference: 10'09.00" Shannon Jackson (Anoka) 2000

Finals - Results - Monday 05/19/03

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Kimberly Saufl	Champlin Park	10'00.00"	9
1	Jenny Heiman	Blaine	10'00.00"	9
3	Carrie Hinners	Maple Grove	10'00.00"	6
4	Holly Thompson	Elk River	9'06.00"	5
5	Madeline Williams	Elk River	9'00.00"	4
6	Adi Luedtke	Anoka	9'00.00"	3
7	Elizabeth Buyse	Anoka	9'00.00"	2
8	Bethany Olson	Anoka	8'06.00"	0.50
8	Kristi Hendrickson	Anoka	8'06.00"	0.50
10	Pam Sellberg	Park Center	8'06.00"	
11	Amber Statz	Blaine	8'00.00"	
11	Jessica Norman	Maple Grove	8'00.00"	
13	Heather Norton	Champlin Park	7'06.00"	
13	Rebecca Peters	Blaine	7'06.00"	
13	Heather Brostrom	Champlin Park	7'06.00"	
13	Katie Christensen	Elk River	7'06.00"	
13	Andria Engler	Champlin Park	7'06.00"	
13	Elise Walgren	Andover	7'06.00"	

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COMPLETE RESULTS - FINALS

Girls Pole Vault (Continued)

Finals - Results - Monday 05/19/03

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
19	Elycia Broden	Park Center	7'00.00"	
20	Lauren Coss	Maple Grove	6'00.00"	
20	Erin Brunner	Maple Grove	6'00.00"	
20	Rachel Narlock	Coon Rapids	6'00.00"	
20	Elise Doll	Coon Rapids	6'00.00"	
	- Melissa Kollodge	Coon Rapids	NH	
	- Rachel See	Maple Grove	SCR	
	- Holly Schultheiss	Coon Rapids	SCR	

Girls Long Jump

* Conference: 18'00.00" Leah Herrboldt (Elk River) 2001

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Andrea Hansen	Anoka	16'07.25"	10
2	Alyssa Ochs	Osseo	16'03.75"	8
3	Katie Johnson	Anoka	15'11.75"	6
4	Beatrice Gilbert	Champlin Park	15'10.75"	5
5	Christa Jung	Coon Rapids	15'09.75"	4
6	Becca Price	Park Center	15'03.50"	3
7	Kendal Beer	Elk River	15'01.50"	2
8	Ashley Duggan	Blaine	15'01.00"	1
9	Kimberly Saufl	Champlin Park	14'08.75"	
10	Mari Korton	Andover	14'08.25"	
11	Brittany Lyons	Coon Rapids	14'07.00"	
11	Pam Sellberg	Park Center	14'07.00"	
13	Andria Engler	Champlin Park	14'05.25"	
14	Jolene Dale	Anoka	14'04.75"	
15	Ashley Dillion	Andover	14'03.00"	
16	Melissa Paulson	Andover	14'02.50"	
17	Nicole Champion	Andover	14'01.50"	
18	Angie Busch	Maple Grove	13'09.75"	
18	Kate Mortenson	Elk River	13'09.75"	
20	Nicki Olheiser	Blaine	13'09.25"	
21	Jackie Nieland	Coon Rapids	13'08.25"	
22	Brittany Bybee	Anoka	13'06.50"	
23	Ebonie Gray	Park Center	13'06.00"	
23	Megan Dwyer	Maple Grove	13'06.00"	
25	Chinaelo Okafor	Champlin Park	13'05.00"	
26	Nicki Bull	Blaine	13'04.50"	
27	Michele Peterson	Osseo	13'04.00"	
28	Abby Arrowsmith	Blaine	12'08.75"	
29	Kari Nelson	Maple Grove	12'06.50"	
30	Jessie Faucher	Park Center	12'05.25"	

COMPLETE RESULTS - FINALS

Girls Long Jump (Continued)

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
-	Marchelle Lien	Elk River	SCR	
-	Haley Balcom	Elk River	SCR	
-	Courtney McKensie	Maple Grove	SCR	
-	Sarah Long	Osseo	SCR	

Girls Triple Jump

* Conference: 38'01.00" Kou Luogon (Park Center) 2002

Finals - Results - Monday 05/19/03

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Alyssa Ochs	Osseo	37'00.50"	10
2	Andrea Hansen	Anoka	36'01.50"	8
3	Jenny Flavin	Blaine	34'05.50"	6
4	Jenny Ojiaku	Park Center	34'05.00"	5
5	Jennifer Jung	Coon Rapids	33'08.50"	4
6	Jolene Dale	Anoka	33'04.00"	3
7	Christa Jung	Coon Rapids	33'02.00"	2
8	Carrie Hinnners	Maple Grove	33'01.00"	1
9	Angela Syverson	Coon Rapids	31'11.50"	
10	Kendal Beer	Elk River	31'09.00"	
11	Pam Sellberg	Park Center	31'06.00"	
12	Nicki Bull	Blaine	31'01.50"	
13	Nicki Olheiser	Blaine	31'01.00"	
14	Ashley Duggan	Blaine	30'09.50"	
15	Elizabeth Buyse	Anoka	30'07.00"	
16	Angela Mooney	Osseo	30'03.00"	
16	Angie Busch	Maple Grove	30'03.00"	
18	Allison Britz	Anoka	29'05.00"	
19	Kiz Gorham	Elk River	28'11.00"	
20	Milissa Smith	Elk River	28'10.50"	
20	Joelle Rolfs	Andover	28'10.50"	
22	Elycia Broden	Park Center	28'06.50"	
23	Chelsea Adney	Maple Grove	28'02.00"	
24	Erin Bratland	Andover	27'10.00"	
25	Caitlin Schwartz	Park Center	27'08.50"	
26	Alissa Ly	Maple Grove	27'04.50"	
27	Kendra Johnson	Champlin Park	27'01.00"	
27	Emily Stieler	Andover	27'01.00"	
-	Melissa Roering	Champlin Park	ND	
-	Julie Nuelk	Elk River	SCR	
-	Sarah Long	Osseo	SCR	
-	Rachel McKinney	Champlin Park	SCR	
-	Megan McCormick	Anoka	SCR	

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Girls Shot Put

* Conference: 43'01.00" Trisha Curtis (Coon Rapids) 1997

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Angela Mooney	Osseo	37'01.75"	10
2	Anna Kingman	Blaine	37'00.00"	8
3	Alicia Hedstrom	Anoka	35'03.50"	6
4	Sarah Yellen	Champlin Park	34'09.00"	5
5	Samantha Lucas	Anoka	34'09.00"	4
6	Amy Kingman	Blaine	33'10.75"	3
7	Becky Boorman	Coon Rapids	33'02.50"	2
8	Sara Scardigli	Andover	32'09.00"	1
9	Stephanie Ayers	Champlin Park	32'07.00"	
10	Renee Wellberg	Elk River	31'05.50"	
11	Aimee Pflipsen	Champlin Park	31'01.25"	
11	Katie McHugh	Anoka	31'01.25"	
13	Emylee Headline	Anoka	31'00.50"	
14	Carlynn Becker	Elk River	30'06.75"	
15	Sundy Laursen	Blaine	30'05.50"	
16	Rachel Gammelgaard	Osseo	30'04.75"	
17	Allison Nellis	Coon Rapids	30'03.25"	
18	Sharday Timm	Osseo	30'00.25"	
19	Jackie Dalieden	Blaine	29'08.00"	
20	Brittany Randall	Andover	29'07.50"	
21	Kelsey Bjornson	Elk River	29'06.75"	
22	Megan Schlauderoff	Park Center	29'05.75"	
23	Emily Stieler	Andover	29'00.25"	
24	Courtney Ziegler	Coon Rapids	29'00.00"	
25	Julie Benton	Osseo	28'10.00"	
26	Abby White	Coon Rapids	28'08.00"	
27	Amanda LaChance	Champlin Park	28'01.75"	
28	Bola Olarinde	Park Center	27'08.75"	
29	Shelby Sand	Andover	27'06.00"	
30	Kelsey Eberle	Maple Grove	26'07.50"	
31	Noelle Otten	Maple Grove	25'10.50"	
32	Stacia Krafe	Maple Grove	25'09.50"	
33	Amy Wilson	Maple Grove	24'10.75"	
-	Abbey Larson	Blaine	SCR	
-	Marin Olson	Elk River	SCR	

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Girls Discus Throw

* Conference: 133'04.00" Jessica Stephan (Blaine) 2000

Finals - Results - Monday 05/19/03

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Amy Kingman	Blaine	113'00.00"	10
2	Amanda Eichhorn	Blaine	103'05.00"	8
3	Aimee Pflipsen	Champlin Park	101'05.00"	6
4	Abbey Larson	Blaine	99'08.00"	5
5	Jenna Bettman	Blaine	98'11.00"	4
6	Alissa Ly	Maple Grove	98'07.00"	3
7	Renee Wellberg	Elk River	95'09.00"	2
8	Kaitlin Knutson	Champlin Park	94'00.00"	1
9	Emily Stieler	Andover	92'10.00"	
10	Lindsey Renstrom	Maple Grove	91'07.00"	
11	Lauren Ringe	Maple Grove	91'04.00"	
12	Sara Scardigli	Andover	90'08.00"	
13	Sandy Rudebeck	Coon Rapids	90'02.00"	
14	Meigan Holm	Anoka	89'06.00"	
15	Stephanie Ayers	Champlin Park	89'04.00"	
16	Sarah Yellen	Champlin Park	88'08.00"	
17	Mandi Ziese	Elk River	88'07.00"	
18	Angela Mooney	Osseo	88'03.00"	
19	Analise Evenson	Osseo	86'10.00"	
20	Janelle Rybak	Anoka	86'02.00"	
21	Kristy Wheeler	Anoka	84'03.00"	
22	Alicia Hedstrom	Anoka	84'00.00"	
22	Megan Schlauderoff	Park Center	84'00.00"	
24	Sharday Timm	Osseo	83'01.00"	
25	Kelsey Bjornson	Elk River	83'00.00"	
26	Brie Hazelton	Osseo	82'10.00"	
27	Abby White	Coon Rapids	81'08.00"	
28	Marlene Moxness	Maple Grove	81'06.00"	
29	Brittany Randall	Andover	80'10.00"	
30	Cassandra Corrigan	Coon Rapids	79'08.00"	
31	Shelby Sand	Andover	78'07.00"	
32	Carlynn Becker	Elk River	76'01.00"	
33	Heidi Golliet	Coon Rapids	73'11.00"	
34	Bola Olarinde	Park Center	65'03.00"	

Boys 100 Meter Dash

* Conference: 10.50 Anthony Dew (Coon Rapids) 2001

Finals - Results - Tuesday 05/20/03

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Ibrahim Kabia	Champlin Park	11.01	10
2	Joel Melin	Anoka	11.41	8